



MOLLOY UNIVERSITY

School of Arts & Sciences

Department of Art

ART B.F.A. - Concentration in Art Therapy

Art Therapy students use tactile-visual skills of artistic expression that promote social, emotional, psychological, physical and spiritual health. Two and three-dimensional art and theoretical conceptual materials are explored and examined within the use of arts for healing. This concentration provides students with understanding and basic skills for pursuing further studies and training in creative arts therapies.

Essential Skills

Essential skills refer to the knowledge gained from a liberal arts education. They provide a framework to guide students' progress toward their degree, but also prepare students for a broad range of career paths. A recent survey from the Association of American Colleges and Universities (AAC&U) shows employers "strongly agree" that "regardless of a student's field of study" liberal arts skills best prepare students to enter the job market in their career of choice. The essential skills outlined below refer to the National Association of Colleges and Employers (NACE) Career readiness guide.

LEAP's Employer Priorities for Most Important College Learning Outcomes:

1. Knowledge of Human Cultures and the Physical and Natural World:
 - a. Broad knowledge in the liberal arts and sciences
 - b. Intercultural skills and understanding of societies and cultures outside the US.
2. Intellectual and Practical Skills:
 - a. Oral communication
 - b. Teamwork skills in diverse groups
 - c. Written communication
 - d. Critical thinking and analytic reasoning
 - e. Information literacy
 - f. Innovation and creativity
3. Personal and Social Responsibility:
 - a. Problem solving in diverse settings.
 - b. Ethical judgment and decision making
4. Integrative and Applied Learning:
 - a. Applied knowledge in real-world settings.

National Association of Colleges and Employers' Competencies for a Career Ready Workforce:

1. Critical Thinking
 - a. Gather and analyze information from a diverse set of sources and individuals to fully understand a problem.
 - b. Effectively communicate actions and rationale, recognizing the diverse perspectives and lived experiences of stakeholders.
 - c. Make decisions and solve problems using sound, inclusive reasoning and judgment.
 - d. Proactively anticipate needs and prioritize action steps.
 - e. Accurately summarize and interpret data with an awareness of personal biases that may impact outcomes.
2. Communication

- a. Understand the importance of and demonstrate verbal, written, and non-verbal/body language, abilities.
 - b. Frame communication with respect to diversity of learning styles, varied individual communication abilities, and cultural differences.
 - c. Employ active listening, persuasion, and influencing skills.
 - d. Communicate in a clear and organized manner so that others can effectively understand.
 - e. Promptly inform relevant others when needing guidance with assigned tasks.
3. Equity & Inclusion
- a. Solicit and use feedback from multiple cultural perspectives to make inclusive and equity-minded decisions.
 - b. Actively contribute to inclusive and equitable practices that influence individual and systemic change.
 - c. Advocate for inclusion, equitable practices, justice, and empowerment for historically marginalized communities.
 - d. Seek global cross-cultural interactions and experiences that enhance one's understanding of people from different demographic groups and that leads to personal growth.
 - e. Identify resources and eliminate barriers resulting from individual and systemic racism, inequities, and biases.

Honor Society :

The Art Department at Molloy offers eligible students membership in [Kappa Pi](#) International Art Honor Society which was created to acknowledge incredible artists.

To be eligible for admission, undergraduate students must meet the following criteria:

- Completion of 12 semester hours in visual art courses (studio, art history, design, etc.)
- Attainment of an overall "B" average in all art courses
- An overall academic average of "C"
- Produces outstanding work.

Employment Information:

Representative Job Titles Related to this Major Include:

While a Master's degree in Art Therapy is necessary for clinical practice, a Bachelor's degree in Fine Arts with a concentration in Art Therapy form the basis needed for careers such as: Rehabilitation Therapist, Recreational Therapist, as well as assistants and facilitators in the fields of education and mental health counseling.

Further Resources:

See the following resources: [National Association of Colleges & Employers: Career Readiness Defined](#), [AAC&U](#), [What Can I Do with This Major?](#), and [Molloy Undergraduate Catalog](#).

***Notice:**

This 8-semester plan is not a contract, either expressed or implied, between the University and the student, but represents a flexible program of the current curriculum which may be altered periodically to carry out the academic objectives of the University. The University specifically reserves the right to change, delete or add to any 8-semester plan at any time within the student's period of study at the University.

FIRST YEAR			
Fall Courses		Spring Courses	
ART 1010 Two-Dimensional Design	3	ART 1030 Three-Dimensional Design	3
ART 1020 Drawing	3	ART 1110 Figure Drawing	3
ART 1350 Art History I	3	ART 1360 Art History II	3
ENG 1100	3	History/Political Science	3
MUS History or COM Speech (Gen. Ed.)	3	History/Political Science	3
FST 1000	1	PED	1
Total Credits	16	Total Credits	16
SECOND YEAR			
Fall Courses		Spring Courses	
ART 1300 Painting I or ART 1330 Abstract	3	ART 2140 Color Theory	3
Art Therapy Concentration Course	3	ART 2330 Contemporary Art	3
ART 2280 Modern Art	3	Math (Gen. Ed.)	3
Modern Language (Gen. Ed.)	3	Modern Language/Literature (Gen. Ed.)	3
History/Political	3	Philosophy (Gen. Ed.)	3
Total Credits	15	Total Credits	15
THIRD YEAR			
Fall Courses		Spring Courses	
ART 2290 Asian Art OR ART 2410	3	Art Therapy Concentration Course	3
ART 1570 Digital Photography	3	Digital Art Course	3
Science (Gen. Ed.)	3	Theology (Gen. Ed.)	3
CORE (Gen. Ed.)	4	Elective	3
Ethics (Gen. Ed.)	3	Elective	3
Total Credits	16	Total Credits	15
FOURTH YEAR			
Fall Courses		Spring Courses	
Art Therapy Concentration Course	3	ART 4900 Senior Thesis	3
ART 4600 Art Internship	3	Elective	3
Elective	3	Elective	3
Elective	3	Elective	3
		Elective	3
Total Credits	12	Total Credits	15
		Total Credits to Graduate	120